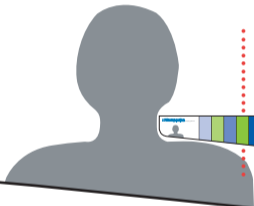




Pillow Size Measuring System



Measure from the base of the neck to the outside tip of the humerus bone.
Choose the smaller size if your measurement falls on the black line.

CHILD
6-10 Years
Shoulder Length

PETITE
Adult
Shoulder Length

AVERAGE
Adult
Shoulder Length

LARGE
Adult
Shoulder Length

X-LARGE
Adult
Shoulder Length

To properly measure yourself for our Sleeping Pillows, please print out our Custom Measuring Ruler at 100% and cut along the outside black line. Follow the diagram for where to position on the neck to find out what size to order.